

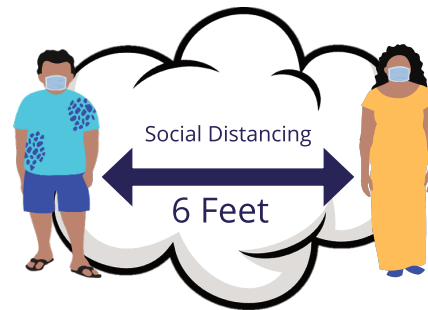
## WEAR A MASK



- You could spread COVID-19 to others even if you do not feel sick.
- The mask is meant to protect other people in case you are infected.
- Everyone should wear a mask in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.

## WATCH YOUR DISTANCE

- Inside your home: Avoid close contact with people who are sick.
  - If possible, maintain 6 feet between the person who is sick and other household members.
- Outside your home: Put 6 feet of distance between yourself and people who don't live in your household.



## WELCOME TO THE CNMI



## WASH YOUR HANDS



- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

## TRAVELER'S GUIDE INTO THE CNMI

[www.governor.gov.mp](http://www.governor.gov.mp)  
[www.chcc.gov.mp](http://www.chcc.gov.mp)

## SARA ALERT

Respond to the Sara Alert system daily, for at least 14 days on your preferred method of contact.



Text



Phone Call



Email

You will be registered for the Sara Alert Symptom Monitoring System after you complete the CNMI Mandatory Declaration Form.

## 5th Day Test Dates and Locations

IF YOU ARRIVED	YOUR TESTING DAY IS
Monday	Saturday
Tuesday	Sunday
Wednesday	Monday
Thursday	Tuesday
Friday	Wednesday
Saturday	Thursday
Sunday	Friday

AT	TIME
<b>Saipan - Kanoa Resort Saipan</b> or <b>Marianas Resort</b>  <b>Tinian - Tinian Health Center</b>  <b>Rota - Rota Health Center</b>	<b>8:30AM - 11:00 AM</b> Travelers who do not show up for their appointment will be followed up by the Department of Public Safety (DPS) and may be brought to the designated isolation facility for testing and isolation, fees may apply: <ul style="list-style-type: none"> <li>\$500 penalty</li> <li>up to \$300 for laboratory testing</li> <li>\$400 nightly fee at designated isolation facility</li> </ul>

## HOW DO I GET A COPY OF MY RESULTS FOR COVID-19 TESTING?

**1** Visit [www.cnmicovidresults.com](http://www.cnmicovidresults.com) **72 hours after your swab test**

**2** Register as a new user

Register Now

By registering, you are giving consent to the CNMI Governor's COVID-19 Task Force to gather your personal information. Any suspicious or malicious activity will be referred to the proper local and/or federal authorities.

**3** Login as a registered user with your username and password

Login

**4** Search for your result using your Confirmation ID and LAST NAME

A search using Confirmation ID will display corresponding results within the last two weeks.

- Same day testing (upon arrival) uses a 8 digit Confirmation ID
- 5 day testing (after arrival) uses a 10 digit Confirmation ID

**5** Save or print a hard copy of your results immediately

Print your test results

- We recommend using a computer to save/print your results.
- It will take at least 72 hours for your results to be processed and posted. If you do not see your test results, please check again in 24 hours.
- Results will only be available on this site for a time frame.
- Results after the two weeks must be made by special request only.
- If you have tested before July 7, 2020, your test results may not be available on the website.

## What Happens

### If I Test Positive for COVID-19?

Should you test positive for SARS-CoV2, the virus which causes COVID-19, a CNMI Health Representative will meet with you to help you understand your infection risk. You'll be ordered to isolate at the designated isolation site to protect others around you. You will be connected to affordable medical treatment if needed, regardless of income or immigration status.

Anyone you have been in close contact with can also access help if you've been exposed to the virus. Your information and the information of your close contact will not be shared.

#### What to expect if you have been around someone with COVID-19

- Someone from CHCC may call you.
- Answer the call to help slow the spread of COVID-19.
- Any information that you share is confidential.
- Be honest, be truthful and be forthcoming when answering contact tracing questions.

#### Contact Tracing helps you, your family, and your community stay safe.

- If someone from CHCC tells you that you may have been exposed to COVID-19, stay home and self quarantine away from others for 14 days, and monitor your health.
- The steps you take now to prevent the spread of COVID-19 help protect everyone.

## What Does a Negative COVID-19 Test Mean?

If you test negative, you probably were not infected at the time your sample was collected. The test result only means that you did not have COVID-19 at the time of testing. Continue to take steps to protect yourself and others by Wearing a mask, Washing Hands, and Watching your distance.